ENJOYMENT IN DEPRESSION

| WHAT DO YOU ENJOY NOW? |
|---------------------------------------|
| EXAMPLE: PIZZA NIGHTS |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| WHAT DO YOU LOOK FORWARD TO ENJOYING? |
| WHAT DO TOO LOOK FORWARD TO ENJOTING! |
| EXAMPLE: FAMILY CRUISE |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |